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# MASON JAR MEALS: 50 Best Mason Jar Recipes Easy And Delicious Meals In Jar (Mason Jars, Mason Jar Salads)





## Synopsis

Using Mason Jar + 50 Easy and Delicious RecipesMason jar meals are the easiest way to prepare individual servings. Mason jars have a great shape that makes it perfect for storing meals like salads. You can layer your foods better when using Mason jars than plastic containers. Place the oil and dressings at the bottom and then layer the lettuce and other ingredients on top of it; this way the vegetables do not get soggy. This is another reason why it is best to use Mason jars, it maintains the freshness of the ingredients longer. In this book, you will find healthy and delicious recipes including all types of salads. Also in this book are yummy desserts like strawberry shortcake, apple pie and others. Most of the recipes are easy to follow and do not require any special cooking talents.DOWNLOAD:: 50 Best Mason Jar Recipes - Easy and Delicious Meals in JarWhat's inside? - What Makes Mason Jar Special? - The Types and Various Sizes of Mason Jars - Tips on Filling, Decorating and Assembling Mason Jars - Breakfast Recipes - On-the-Go Lunch Recipes - Salad Recipes - Desserts Recipes - And Much, much more!Would You Like to Know More? Scroll up and select the "Buy now" button to instantly download your copy today

## **Book Information**

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### **Customer Reviews**

â œMason Jar Meals: 50 Best Mason Jar Recipesâ • is a great collection of recipes that you can serve or store in Mason jars. The book delves into all 3 meals, plus desserts, including a wide variety of recipes that you can store in Mason jars for easy storage and transport. lâ <sup>™</sup>ve been a fan for some time of using glass containers for storage of leftovers, especially greasy foods, since itâ <sup>™</sup>s so easy to clean a glass jar of even the toughest grease, but lâ <sup>™</sup>d never really thought about using the jars for serving. This book of recipes has made a believer out of me, and even includes a couple of recipes that you prepare straight in the jar (like microwaving scrambled eggs in the jar!) There is also a great section of tips on how to care for your jars and pick the right size jars. Ed Guy has a winner here, folks!

Pretty great book! Health recipes, variety and even breakfast ideas! I will be making many of these soon!

Good book, some very good looking recipes and easy to follow!

Lots of good info and easy to understand

#### Thanks....Great book

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Mason Jar Meals: Quick, Easy & Healthy Mason Jar Meal Recipes For Busy People: Cooking For One with Meals In A Jar (mason jar, mason jar recipes, mason ... jar recipes, jar meals, mason jar salads) MASON JAR RECIPES BOOK SET 5 book in 1: Meals in Jars (vol. 1); Salads in Jars (vol. 2); Desserts in Jars (Vol. 3); Breakfasts in Jars (Vol. 4); Gifts in Jars (Vol. 5): Easy Mason Jar Recipe Cookbooks MASON JAR MEALS: 50 Best Mason Jar Recipes Easy and Delicious Meals in Jar (Mason Jars, Mason Jar Salads) Salads - Top 200 Salad Recipes Cookbook (Salads, Salads Recipes, Salads to go, Salad Cookbook, Salads Recipes Cookbook, Salads for Weight Loss, Salad Dressing Recipes, Salad Dressing, Fruit Salad) Gifts In Jars: 88 Easy To Make DIY Gifts In Jars (Gifts in Mason Jars - Jar Gifts - Recipes - DIY Projects) Pots and Jars Box Set (5 in 1): Great Mason Jar Meals and Projects, One Pot Recipes to Release Your Creative Side (Mason Jar & One Pot Recipes) Salad Of The Week: 52 Amazing Salad Recipes For Weight Loss And Healthy Eating "The Delicious Way" (Salads, Salads Recipes, Salads To Go, Salad Cookbook, ... Cookbooks Collection Book 1) Survival Cookbook: 20 Delicious Prepping Recipes In Mason Jar: (Prepper's Guide, Prepper's Cookbook) (Mason Jar Recipes) Meals in Jars Cookbook: Healthy, Quick and

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